

# Stretching - Tennis

Tempo: 9 minuti

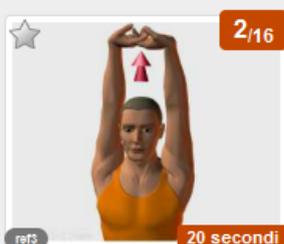


Tabella di stretching (guida degli esercizi) consigliati per tennis